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Magasinet Liv is the distinctive magazine for the grown-up woman.

It will appeal to those who see not only the wider picture, but also the more far-reaching perspective. Interviews with a variety of 40+ women, whether they are already in the spotlight or not, go into topics like lifestyle, health, beauty, fashion, food, home and travel.







"To be honest I'm so proud to be in front of Magasinet Liv. Because Magasinet Liv is about sharing the lives that we lead and how we lead them. It's about celebrating and inspiring 40+ women, right where we are, in all that we dare and do, in the midst of new opportunities, new needs and new adventures. In depth and with enthusiasm and from vanity to sanity. Because why not help each other?"

- Lea Østergaard, Editor in Chief



59.000

178.803

Magazine readership*

Monthly pageviews**

10.550

28.976

Newsletter subscribers

Facebook likes

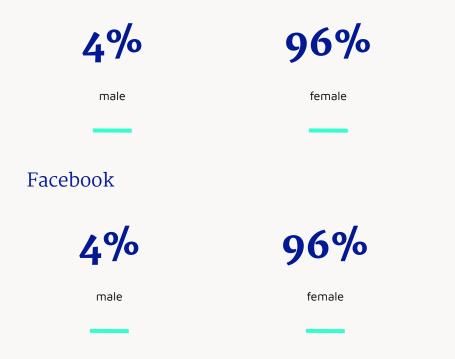
10.346

Instagram followers

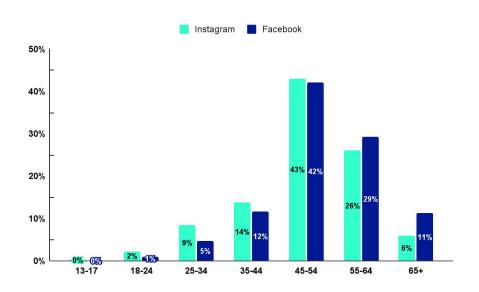


Digital users

Instagram



Age

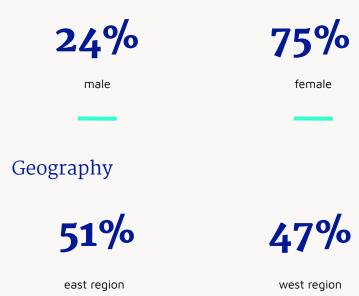


BONNIER Publications

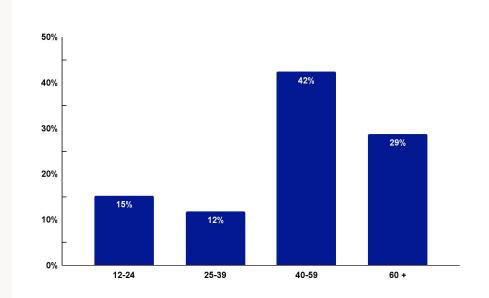
6

Print readers

Gender



Age







Editorial schedules, rate cards and formats

Magasinet Liv



January – June 2024

No.	Publishing date	Week	Deadline	Theme
2	11/01/2024	2	05/12/2023	The big health issue
3	08/02/2024	6	09/01/2024	Your proteins, yoga and spring trends
4	14/03/2024	11	13/02/2024	The Easter issue and spring beauty
5	18/04/2024	16	18/3/2024	The menopause, good greens and bathrooms
6	16/05/2024	20	12/04/2024	The body positivity issue – everything good about, to and for your body
7	13/06/2024	24	08/05/2024	The first summer issue: Swimwear, sun beauty, barbecues, good hairdays and summer in Denmark



July -December 2024

No.	Publishing date	Week	Deadline	Theme
8	11/07/2024	28	11/06/2024	The big summer issue: Slow beauty, summer cakes, summer dresses and mental health
9	15/08/2024	33	16/07/2024	The relationship issue – on how to live and love together
10	12/09/2024	37	13/08/2024	Work outs, healthy foods, collagen and big kitchen guide
11	10/10/2024	41	10/09/2024	The big menopause issue – and the beginning of Christmas
12	14/11/2024	46	15/10/2024	The big Christmas issue – including food, digestion, decorations, jewellery, perfumes and Pro Age Favourites
1/25	12/12/2024	50	12/11/2024	

Print Advertising rate card

*Gross prices only **In addition, production cost

Format	Pricing in DKK*	Format	Pricing in DKK*
2/1 page	75.400	Page 2-3	114.300
1/1 page	45.700	Page 4-5	109.600
½ раде	27.300	2/1 page + coverflap	219.400
Back cover	54.900	1/1 page + halfpageflap	84.500
Inner back cover	52.500	2/1 page Native Article	94.200**
		!/1 page Native Article	57.200**

BONNIER 11

Print formats

See visualizations and ad specifications further below

*We recommend offsetting any images that cross the spine 2,5 mm to each side (5 mm on the first/last spread).

Product	Format	Product	Format
2/1 page	434x280*	Page 2-3	434x280*
1/1 page	217x280	Page 4-5	434x280*
Vertical ½ page	106x280	2/1 page Native Article	434x280*
Horizontal ½ page	217x137	1/1 page Native Article	217x280
Back cover	217x280		
Inner back cover	217x280		

New format from issue 2304 (1/1 page 217x280)



Digital Advertising rate card

*Gross prices

Desktop	Price in DKK*	High impact formats	Price in DKK*
Standard banner	CPM 50	Ex. Topscroll, Midscroll and Double Midscroll	CPM 100 + CPM 5 ad tech fee
Megabanner	CPM 60		
Skyscraper/sticky	CPM 50	Format	Price in DKK*
Wallpaper	CPM 100	Video-in-banner	CPM 60
Mobile / Tabet	Price in DKK*	Format	Price in DKK*
Mobile standard banner	CPM 50	Newsletter banner	CPM 100
Tablet standard banner	CPM 50		



Digital formats

See visualizations and ad specifications further below

*Contact <u>traffic@bonnier.dk</u> for more info.

Desktop	Format	
Standard banner	930x180	
Megabanner	930x600	
Skyscraper/sticky	160x600 / 300x600	
Wallpaper	2560x1200 + optional standard banner	
Mobile / Tablet	Format	
Mobile / Tablet Mobile standard banner	Format 320x320 / 300x250	
Mobile standard banner	320x320 / 300x250	
Mobile standard banner	320x320 / 300x250	

High impact formats - All devices

We partner with Adnami to deliver a wide range of high impact formats. Possibilities include topscroll, midscroll and double midscroll. Contact us for specific formats available for this site or for more info*.

Find all Adnami's specs at adnami.io/specs.

Video-in-banner	Format	
Desktop video	Ratio: 16:9	
Mobile video	Ratio: 1:1 or 4:3	



NTA* formats

*Non traditional advertising

Product	Format		
Native Article	Ad as on online article. The focus can be either on content storytelling or branding of products in a gallery. Incl traffic drivers		
Competition	Competition with prize from distributor		
NTA Newsletter	The native article is included in editorial newsletters		
Instagram	Post in feed or Story. Story available for 24 hours		
Facebook	Postings on the brand's Facebook wall.		
Sponsorship	Ownership on categories or events		
Video	Video clips formed as an editorial clip, but with a commercial message.		



NTA Advertising rate card

* Gross prices only

below

**Contact local office for prices - Contact information further

Product	Pricing in DKK*	
Native Article	25.000	
Competition	10.000-20.000	
NTA Newsletter	10.000	
Instagram	10.000	
Facebook	10.000	
Sponsorship	Contact for price**	
Video	Contact for price**	



The Beauty Editors Favorites

Magasinet Liv's Beauty Editor, Maria Rothmar selects her **5 favorite products from your brand** and promotes them via our digital channels for one week.

- 2 x post on Magasinet Liv's Facebook
 (1 dark post, 1 organic post)
 5 products / gallery including editors note
- 1 x story line on Liv's Facebook
 5 products / gallery including editors note
- **1 x newsletter** Editorial element in the newsletter
- Views: 80.000 unique views
- Periode: 1 weeks
- Price: DKK 35.000

Introduction price: DKK 25.000



Pro Age Favoritter

Pro Age Favoritter is our annual award and your opportunity to be showcased in the universe of Magasinet Liv. Our panel of judges makes a selection from the nominated brands/products and afterwards it is up to our digital users to choose their favorites. This is how it works:

- 1. Nominate your brand/products
 - It is free of charge to nominate a brand/product in one or more of the main categories.
- 2. The judges nominates
 - If one or more of your products are nominated by the judges you pay a handling fee per. nomination.*
 - It is possible to buy an active link to a website/webshop of your choice.*
- 3. Our digital users vote for their favorites
 - Our users vote for their favorites and choose the winners.

 $^{*}\mbox{Contact}$ local office for prices – contact information further below











SUNDT RET Nedia kit 2024

Sundt Liv is the health magazine for the grown-up woman

Sundt Liv salutes and takes care of the grown-up woman. Both her body, mind and soul! It focus on all the different challenges and changes that happens halfway through life and it serves as both an inspiration and an encyclopaedia as to what you can do to stay well and get better – with your diet, your training, your rest, your lifestyle.





Editorial schedules, rate cards and formats

Sundt Liv



January - December 2023

No.	Publishing date	Week	Deadline	Theme
1	14/03/2024	11	19/02/2024	Healthy Living
2	06/06/2024	23	10/05/2024	Food & Life
3	05/09/2024	36	12/08/2024	Food & Life
4	27/12/2024	52	28/11/2024	Healthy Living



Print formats & rate card

See visualizations and ad specifications further below

*We recommend offsetting any images that cross the spine 2,5 mm to each side (5 mm on the first/last spread).

Product	Format	Pricing in DKK**
1/1 page	225x295	8.000
2/1 page	450x295*	12.000
Back cover	225x295	10.000



We are here to help you

Contact our team if you have any questions about media sales.

Try our FAQ page, if you need support on how to upload ad material, technical guidance etc.



KRISTINA LANGBERG Sales - Front Media ApS kristina@frontmedia.dk



THERESE GUNNI Advertising Material therese.gunni@bonnier.dk LEA ØSTERGAARD ANDERSEN Editor in Chief - Magasinet Liv leaa@magasinetliv.dk

GO TO FAQ



Advertisement specifications



Print, mobile, tablet and desktop formats



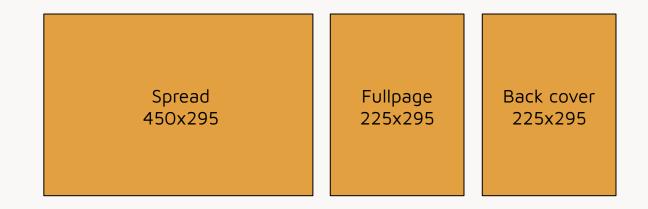
Magasinet Liv **Printformats**

Spread 434x280 Half page Fullpage 106x 217x280 280 Halfpage 217x137

Missing some prices? See details about pricing above



Sundt Liv Printformats



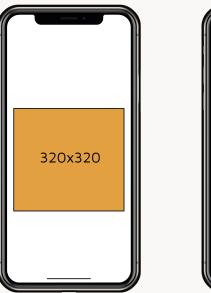
Missing some prices? See details about pricing above

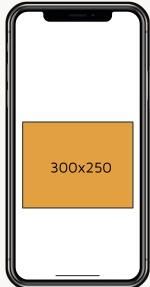


Mobile standard banners

Specifications:

HTML5 banner JPG / PNG / GIF 3rd party tag Max 150 KB



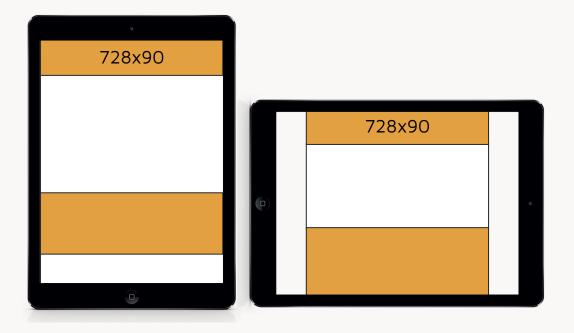




Tablet standard banner

Specifications:

HTML5 banner JPG / PNG / GIF 3rd party tag Max 150 KB

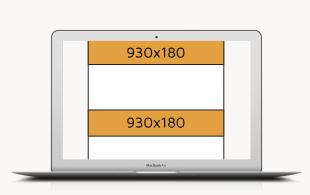


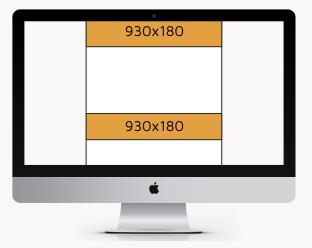


Desktop standard banner

Specifications:

HTML5 banner JPG / PNG / GIF 3rd party tag Max 150 KB





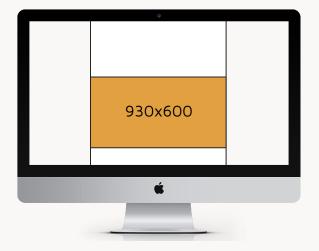


Desktop mega banner

Specifications:

HTML5 banner JPG / PNG / GIF 3rd party tag Max 150 KB



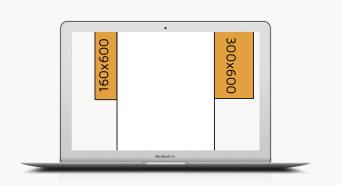


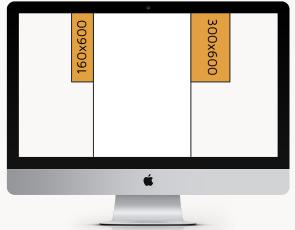


Skyscraper/ Sticky

Specifications:

HTML5 banner JPG / PNG / GIF 3rd party tags Max 150 KB







Desktop Wallpaper + standard banner

Asset Specs (size in px): Wallpaper: 2560x1200 Standard banner: 930x180

Asset type:

Wallpaper is an Image (JPG, PNG), and Standard banner comes as html5, third party tag or image.

Weights:

Wallpaper: Maximum 200 kb. Standard banner: Maximum 150 kb







Video in-banner

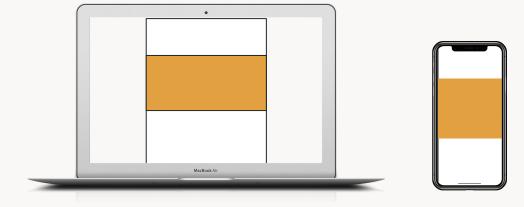
Specifications:

- MPEG4, 3GPP, MOV
- AVI
- MPEGS
- WMV, MP3

Desktop ratio: 16:9 Mobile ratio: 1:1 or 4:3

Max. weight 512 MB

Recommended to keep under 15 seconds





Newsletter

 Specifications:

 JPG / PNG / GIF

 Max 150KB

 Incl. URL / tracking

 Max book //

